

NWF Health Network Policy & Procedure

Series: 300: Medical and Behavioral Health Care

Policy Name: Safe Sleep Educational Information

Policy Number: 310

Origination Date: 4/1/2010

Revised: Board Meeting of 10/26/2023

Policy

It is the policy of NWF Health Network (NWFHN), to rely upon the recommendations and guidance of Florida's recognized experts regarding safe sleep for infants and children. NWFHN recognizes the safe sleep recommendations of:

1. The Office of Infant, Maternal & Reproductive Health, Florida Department of Health; and
2. The Prevent Child Abuse Florida/Ounce of Prevention Fund of Florida's Sleep Right, Sleep Tight public awareness campaign developed in partnership with the Florida Department of Children and Families.

Procedure

A. Provision of Safe Sleep Educational Information to Families Receiving Services.

1. Subcontracted providers are responsible for assuring that a copy of the *Sleep Right, Sleep Tight: Safe Sleep for Your Baby Brochure* is provided to all families receiving services at service initiation.
2. The *Sleep Right, Sleep Tight: Safe Sleep for Your Baby Brochure* should be provided in conjunction with NWFHN's Clients Rights Brochure (See NWFHN OP 1500 Protection of Rights and Ethical Obligation; 1500 x 1, Clients Rights Brochure; 1500 x 4 Acknowledge Receipt of Client Rights) at services initiation.
3. Subcontracted providers obtain supplemental supplies of the *Sleep Right, Sleep Tight: Safe Sleep for Your Baby Brochures* using <http://www.ounce.org>

B. **Additional Resources.** The materials listed below were developed as part of Florida's *Sleep Right, Sleep Tight* awareness campaign. The materials were developed in partnership by The Ounce of Prevention Fund of Florida, Prevent Child Abuse Florida and the Department of Children and Families.

Sleep Right, Sleep Tight Materials

1. Better Sleep for You and Your Baby – English;
2. Better Sleep for You and Your Baby – Spanish;
3. Better Sleep for You and Your Baby – Creole;
4. Sleeping Like a Baby: A Safety Checklist for Parents & Caregivers – English;
5. Sleeping Like a Baby: A Safety Checklist for Parents & Caregivers – Spanish;
6. Sleeping Like a Baby: A Safety Checklist for Parents & Caregivers – Creole.
7. Creating a Loving Bond with Your Baby-English;
8. Creating a Loving Bond with Your Baby-Spanish;

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9. Creating a Loving Bond with Your Baby-Creole.
10. Safe Sleep for Your Baby-English;
11. Safe Sleep for Your Baby-Spanish;
12. Safe Sleep for Your Baby-Creole.
13. Coping with Crying-English;
14. Coping with Crying-Spanish;
15. Coping with Crying-Creole.

The brochures/information sheets can be accessed at: http://www.ounce.org/safe_sleep.html.