

QUALITY TIMES

Team Members of the Month

Frank Middleton

Human Resources Specialist, NWFHN

"Frank's position touches literally every program in this agency. He is the first friendly face that greets new hires, and he is the resource that provides agency "veterans" with answers to questions they have related to daily operations and staff interactions. He does all of this with a friendly and professional manner. Frank is always looking for ways to improve processes that make work life easier for NWFHN family. He promotes the agency vision every day from clock-in to clock-out."

Zoe Baylark

Adoptions Coordinator, FPN

"Zoe has gone above and beyond for her children on her caseload. By far I am not being modest. Zoe has went as far as taken it upon herself to arrange for a child on her caseload that was recently removed. She was removed right before her birthday and that did not sit right with Zoe, so she arranged for her to be picked up and taken out for Brunch with some friends of hers to make her day special. Zoe has supported her caregivers' countless times with finding resources for them and working with them to make their situation better. I could talk for hours about how Zoe takes her position seriously and continues to show compassion, be resilient in tough situations, and does it all with a smile on her face. Zoe is an asset for the adoptions team and is always the first to volunteer to assist any CWCM, caregiver, or child in need. We should all have Zoe's heart and passion for her job. Thank you, Zoe, for all you do!"



Gentracon25

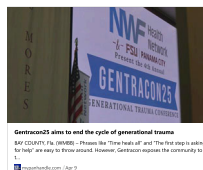
Gentracon25 had another successful year with over 300 participants registered. The fourth annual event showcased two keynote speakers in the field of trauma, almost 30 vendors and many agency partners.

On the first day, we heard from Tonier Cain as she shared her journey from brokenness to success in "Healing Neen". She reminded us all that there is hope and victims of trauma can do incredible things. The day finished out hearing from the Youth Voice Panel, facilitated by Chris Lolley of DCF. The panel consisted of young adults and team members that shared their lived experiences coming through the foster care program. They reminded us to take time and listen to the voices of our kids in care as we are sometimes the turning point that will help them break generational trauma.

On day two, Dr. Amelia Franck Meyer presented "The Human Need for Belonging". Dr. Franck Meyer helped the audience to gain understanding of the need for connection and belonging as a lifelong need and necessary for humans to thrive. We closed out the day hearing from the Fatherhood Initiative Program as they touched our hearts with their efforts to impact change by helping fathers gain connection to their kids and make meaningful changes to their lives.

We would like to thank all who made this event possible. We are looking forward to Gentracon26 and hope to see you there!

Enjoy our
news
coverage
here:



Provider Contact

Food for Thought:

Have you ever managed a case that had a medically complex child or a child with significant mental health needs? Did that child have multiple providers? Most of us are aware of the requirement to talk to service providers every month for updates and progress, but did you know that often the providers don't talk to each other about the needs and progress of that child?

If you can take one hour of your time per month and schedule a meeting with all of the child's providers in one place (or on Teams), you could greatly increase the odds that your child is getting all of the appropriate services they need. In some cases, this could mean life or death for these kids needing this extra attention! The contacts listed below for each circuit are available to help facilitate these meetings:

C1:

Okaloosa- Victoria Nott
Victoria.nott@bridgeway.org

Santa Rosa/Esc- Jay Boulton
jay.boulton@lifeviewgroup.org

Walton- Brittney Swager
Brittney.swager@lakeviewcenter.org

C14:

Lexi Harris lexi.harris@nwfhealth.org

C2

Sarah Rawlings center-
sarah64@apalacheecenter.org

Quality Team

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Cindy Schostag
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Quality & Training Field Support

ENCOURAGE	ENGAGE	EMPOWER
Alone we can do so little; together we can do so much. - Helen Keller	Field Support schedules are posted on our NWF Training Website and included on the NWF In-Service Calendar. To schedule individualized Field Support email: FieldSupport@NWFHealth.org	

Assessment

- Assessing Present/ Impending Danger
- Assessments: FFA-O, Progress Updates & Judicial Reviews
- Case Planning
- Concerted Efforts to Prevent Removal/Place with Relatives
- Documentation
- Home Studies
- Information Collection/ Sufficiency
- Permanency Skills
- Prior/Criminal History Analysis
- Well-Being: Medical, Dental, & Behavioral Health

SKILLS

- Case Planning
- Concerted Efforts to Prevent Removal/ Place with Relatives
- Documentation
- Permanency Goals/Skills
- Case Transfer
- Engagement with Parents & Children
- Maintaining Children's Connections
- Safety Planning
- Safe Case Closure
- Services for Families
- Placing Siblings Together
- Psychotropic Medication
- Stagnant IHNJ Cases

SUPPORT & CERTIFICATION

- Conflict Resolution
- Quality Contacts/Case Management Visits
- Time Management
- Self-Care
- Field Observations
- Individual Supervision
- Group Supervision
- Supervisor Consultations
- Academy Competency Assessments

Exit Interviews

Send all completed Exit Interviews and Case Manager Reviews of Foster Parent to:
exitinterviews@nwfhealth.org

See the area assignments below and please feel free to reach out to us with any questions!

Cindy Schostag: FFN-Escambia
Chelsie Sapp: FFN-SRO/OKA/WAL
Sheena Bruce: DISC/Camelot
Christina Dexter: Anchorage
Javita Haynes: Twin Oaks

Decision Support Team (DST)

The Team is available for Pre-DST consults to assist in identifying the danger threat and discussion around crossing of the threshold.

You can reach the Training Team or Quality Team by using the emails below:

fieldsupport@nwfhealth.org

Special Reviews

Special Reviews can be used to identify trends, investigate concerns, collect data or assist in training development.

Reviews can be requested from NWFHN leadership, programs or network providers by reaching out to the Director of Quality Assurance, Sonja King or the Quality Team Manager, Jeanna McBride.

Wellness Corner



Stress Awareness Month

Mental health can positively or negatively impact your physical health and risk factors for heart disease and stroke, according to "Psychological Health, Well-Being, and the Mind-Heart-Body Connection," a scientific statement in the American Heart Association journal Circulation. Stress may contribute to poor health behaviors linked to increased risk for heart disease and stroke, such as:

- Smoking
- Overeating
- Lack of physical activity
- Unhealthy diet
- Being overweight
- Not taking medications as prescribed

TAKE TIME FOR
yourself

5-Minute Meditation You ...

